

LEARNING STYLE ASSIGNMENT

INTRODUCTION:

Your learning style is the way you learn most effectively. There are four learning styles:

- visual
- verbal
- auditory
- tactile.

Our individual learning style determines how our brain works most efficiently to learn new information. It is important to be aware of the nature of your learning style so you have a better chance of studying in a way that will help you better **understand** and **recall information** when taking an exam. This assignment will provide the opportunity for you all to discover your individual learning style and to learn about strategies for studying that are most beneficial for you.

“To get you started thinking about your learning style, think about the way in which you remember a phone number. Do you see, in your mind's eye, how the numbers look on the phone? Or can you "see" the number on that piece of paper, picturing it exactly as you wrote it down? You might be a Visual Learner. Or, perhaps you can "hear" the number in the way that someone recited it to you. In this case, you might be an Auditory Learner. If you "let your fingers do the walking" on the phone, i.e. your fingers dial the number without looking at the phone, you may be a Tactile/ Kinesthetic Learner. This way of looking at learning style uses the different channels of perception (seeing, hearing, touching/moving) as its model.” [Taken from the DVC learning Style website]

ASSIGNMENT:

Go on the internet to the DVC Learning Style website, <<http://www.metamath.com/lswb/dvclearn.htm>>, and click on the red link that says “Learning Style Survey”. Take the survey, about 32 questions, and submit your results. The results of your learning style will appear. There will be a small paragraph about your learning style and a list of strategies for studying that are beneficial for you. **PRINT OUT THE RESULT PAGE AND TURN IT IN WITH YOUR REFLECTION!!**

You will then write a one-page reflection about what you learned. Discuss both the way your style learns best and the different strategies for studying. Be sure to reference your result page! Also discuss how you will implement the strategies you have learned in the future. And finally, explain whether or not you believe this information was beneficial for you. As always, your paper should be word-processed, double-spaced, in 12 point font, with proper grammar, punctuation, and spelling.